



‘CHANGE YOUR MIND ABOUT SAFETY’

MindSafety ‘Head Turning’ Event

AGENDA OF TOPICS

- The Science of the Mind
- Conscious Overload (7 +/- 2)
- Alpha Sleep (Environmental Hypnosis)
- Making & Breaking Habits
- Classical Conditioning
- Time –vs- Risk (and the ‘The Internal Optimist’)
- The Experience Myth
- The Belief Cycle
- The ‘Key Messages’
- Summary & Close



A fast-paced, fascinating & entertaining event focussing on the issues that can effect behaviour.

A full colour informative session handout, with a summary of the topics covered within the event, is also provided for each delegate.

GENERAL INFORMATION

TARGET AUDIENCE: Everyone you wish to influence

MAXIMUM GROUP SIZE: No Restriction

SEATING STYLE: ‘Horseshoe’, Theatre or Cabaret

Start and finish times to be flexible with your agenda.

